



OCTOBER BREAST CANCER AWARENESS MONTH

Breast Cancer Awareness Month, held in October every year, was created in 1985 to promote screening and prevention of the disease, which affects one in eight women in the United States every year.

The aim of Breast Cancer Awareness Month is:

- Promotion of early detection by stressing the importance of regular screening, starting at age 40 or an age that's appropriate for your personal breast cancer risk
- educating women about breast cancer symptoms, risk factors, and how you can lower your risk and more.
- supporting women diagnosed with

breast cancer, including metastatic breast cancer

Also, for women who believe that they are unable to get assistance because of being uninsured, underserved or underinsured there is a program called Every Woman's Life to assist you.



Every Woman's Life

For Your Breast and Cervical Health

Every Woman's Life (EWL) is a public health program that helps uninsured, low-income women gain access to free breast and cervical cancer screening services. Screening and early detection reduces death rates, improves treatment options, and increases survival. To be eligible, women must be a Virginia resident between the ages of 18-64, meet federal income guidelines and be uninsured. Women 18-39 must be symptomatic or be determined to be high-risk for breast and/or cervical cancer to be eligible. Services provided by the program include a clinical breast exam, mammogram, pelvic exam, Pap test, and any diagnostics needed to reach a final diagnosis. If a woman enrolled in EWL is diagnosed with breast or cervical cancer she may be eligible for Medicaid to pay for treatment.

**In the Roanoke area contact: Carilion Health System Danielle Henderson 540.985.8196
Franklin County: West Piedmont Health District, Robin McBride 276.638.2311 X 152**

To receive more information during Breast Cancer Awareness Month and also be pampered at the same time, our Women in Action Sisters invite you to attend **Pampered and Pink- Breast Cancer Awareness Spa** on Saturday, October 22, 2022, from 9 AM to 1 PM. They request that you please sign up in the overflow area after church on 10/9/2022 or 10/16/2022 with a member of Women In Action; or call the church secretary before 10/16/2022 at 540-342-8852 to reserve your spot.

No matter who you are or where you live, breast cancer may touch your life. It's necessary to understand the warning signs of breast cancer, your risk of breast cancer and what's normal for you so you can take action if there are any changes in your breasts or underarm areas.

We can all do our part in highlighting the importance of education, prevention, funding, and research surrounding breast cancer – not just during Breast Cancer Awareness Month, but every day of the year.

Wear Your Pink on Spa Day!!

